



Review Article: Advancing Cancer Treatment With Mesoporous Silica Nanoparticle-Based Theranostics

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ABSTRACT

Cancer is a major cause of death globally. It is often detected at a late stage, while conventional treatments are more effective during the early and middle stages. These traditional treatments also cause many side effects due to the lack of targeted delivery. Nanotechnology, particularly mesoporous silica nanoparticles (MSNs), has been investigated for cancer treatment and diagnosis. Theranostics, which combine therapy and diagnostics, can provide simultaneous treatment and detection, potentially lowering mortality rates. A literature review was conducted using keywords such as mesoporous silica nanoparticles, cancer, diagnosis, and therapy in online databases like PubMed. The results of this review were analyzed and compared with existing literature, aiming to provide a comprehensive overview of mesoporous silica nanoparticles as current cancer treatment and diagnosis.

Keywords: MSNs, cancer, theranostic, therapy, literature.

1. Introduction

One of the leading causes of death in the world is cancer. In 2022, there were 408.661 new cases of cancer and 242.988 deaths caused by cancer in Indonesia(1). Cancer is a disease when abnormal cell growth occurs in the human body. Abnormalities can start at almost anywhere in the body. Mutation in certain genes cause abnormalities in cell, leads to cancer(2). Cancer is a genetic disease. Gene mutations in cancer can be result of exposure to carcinogens or happens spontaneously during DNA replication(3).

There are different types of cancer. Different types of cancer require different types of treatment. In 2022, top three cancers that caused death in Indonesia are lung, liver, and breast(1). Traditional cancer treatment such as chemotherapy, radiotherapy, or surgery have few limitations. Traditional cancer treatment can cause damage to non-cancerous tissues, as they are not targeted therapy(4).

Diagnosis of cancer is pretty challenging. Most cancers are detected in the middle or late stages. Meanwhile, conventional cancer treatments are effective only for early and middle stages. Hence, it is hard to treat advanced stage cancer patients(5).

Several therapeutic treatments for cancer have been developed. Application of nanotechnology for cancer treatment has been largely used these days. Nanoparticles as drug delivery system for cancer treatment shows several advantages over traditional cancer treatment. Nanoparticle delivery systems, such as albumin, liposomes, and polymeric have been approved for cancer treatment(6).

Nanoparticles in cancer treatment have several distinctive features, such as increasing efficacy, reducing toxicity,

targeted drug delivery, increasing drug pharmaceutical properties, visualization of site drug delivery by combining therapeutic agents and imaging modalities, and improved methods for detecting cancer and capturing images(6).

One of the most thoroughly researched inorganic nanoparticles are mesoporous silica nanoparticles(7). Mesoporous silica nanoparticles (MSNs) are silica nanoparticles with a porous structure, typically ranging in size from 30 to 300 nm. They facilitate endocytosis by target cells while exhibiting low toxicity(8).

These mesoporous silica nanoparticles or MSNs were first discovered in 1992 by Mobil Co. researchers which were developed again for drug delivery in 2001. Nanoparticles have honeycomb-like pore diameters with hundreds of cylindrical pores between 2 and 50 nm independent reservoirs that can encapsulate a large number of desired drug molecules that are considered most suitable for drug delivery and controlled release purposes(9).

Due to their porosity, they have high pore volume ($>0.9 \text{ cm}^3/\text{g}$) and high surface area ($>700 \text{ m}^2/\text{g}$) resulting in high loading capacity within the pores. Mesoporous silica nanoparticles have customizable size, good biocompatibility, and regular and uniform pores. Their surface contains silanol groups that make them easily functionalized. Due to their loading capacity, biocompatibility, and easy functionalization, they have attracted much attention as a possible tool for drug delivery (10).

Mesoporous silica nanoparticles have been used for theranostics. Theranostics is a developing area that utilizes a single formulation for both diagnostic and therapeutic purposes. Drug or imaging agents are loaded into the pores of mesoporous silica nanoparticles.

MSNs are considered promising for mesoporous silica nanoparticles. MSNs are considered promising for cancer treatment due to their versatility in size and ability to transport substantial payloads. MSNs can improve solubility of anticancer moieties, as most of them are hydrophobic(11). Besides that, mesoporous nano shells can be modified with selected agents as required for specific targeting purposes.

Conventional cancer treatment lacks target specificity, therefore it can damage other healthy tissues(5). MSNs able to prevent early release of the cargoes before reaching the targeted site. Hence, MSNs can be used for cancer targeted therapy(12). MSNPs provide excellent target specificity by allowing the attachment of different ligands tailored to the desired targeting site(13).

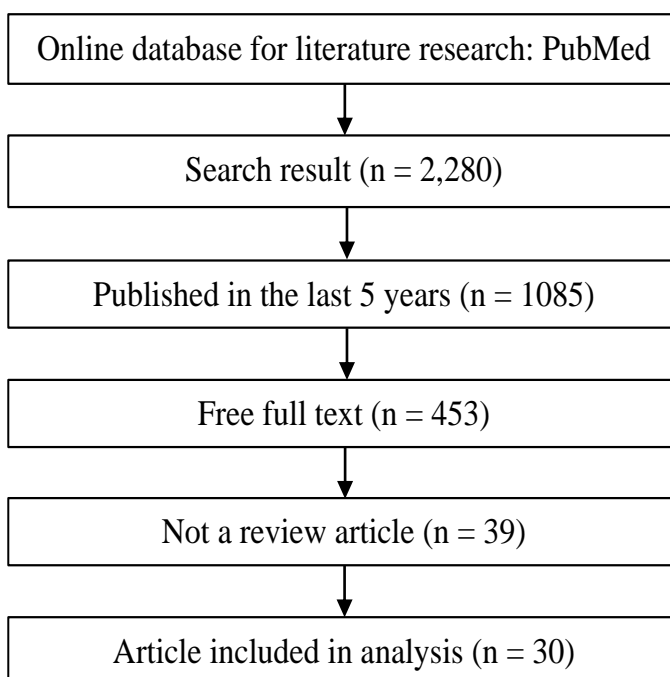
This review focuses on the potential of mesoporous silica nanoparticles (MSNs) for fighting cancer. MSNs' large surface area and tunable pores make them ideal for delivering

drugs and improving cancer treatment. The review will explore how MSNs can deliver drugs directly to cancer cells, release drugs slowly and steadily, and help overcome cancer's resistance to drugs. Additionally, MSNs show promise in early cancer detection through imaging techniques. The review will compare MSNs to traditional treatments like chemotherapy, highlighting the potential benefits.

2. Method

A literature review was conducted using keywords mesoporous silica nanoparticles, cancer, diagnosis, and therapy on online database, PubMed. Reference journals used span the last five years (2019 - 2024). Inclusion criteria are research on mesoporous silica nanoparticles for cancer treatment and free full text. Exclusion criteria are articles categorized as reviews or systematic reviews and published more than five years ago.

Table 1. Methods performed for review.



3. Result

Data were gathered from a review of several journals. A total of 30 journals

were utilized for this literature review, and their summaries are presented in Table 2.

Table 2. Overviews of MSNs as a solution for drug limitations.

Cargos	Limitation	Resolution	Reference
Thiabendazole	Poor water solubility hence limits its biological activity.	TBZ-loaded MCM-41 nanoparticles exhibit enhanced efficacy in destroying cancer cells, requiring a lower dosage while achieving greater stability. Amplify cytotoxicity against PC-3 cells by 2.8 times compared to TBZ alone.	(14)
5-fluorouracil and curcumin	Toxic, side effect, lack of tumor targeting	Enhances their effectiveness against tumors, with no discernible signs of toxicity.	(15)
Curcumin and naphthoquinone	CurNQ have pH specific solubility at the pH of tumor microenvironment, pH 6.8.	Display strong inherent fluorescence, facilitating their use in detection and potential imaging applications. Demonstrating selective toxicity towards cancer cells.	(16)
Sunitinib	Side effects restrained SUN effectiveness.	MSNP-PEG/SUN exhibited increased release at pH levels of 5.4. The targeted delivery of SUN using engineered MSNPs with the MUC16 aptamer proved effective at the cellular level	(17)
Umbelliprenin	Insoluble and has poor bioavailability.	Enhances therapeutic effectiveness and minimizes side effects by regulating drug release. Improves colloidal stability, hence facilitating better accumulation at the tumor site.	(18)
Selenium	Slow cellular uptake of Se result in extracellular Se accumulation and lead to adverse effects on bone production and the induction of healthy cells.	Exhibited greater selectivity for cancer cells over healthy osteoblasts. Exposure to Se-MSN resulted in ROS production and the induction of apoptosis.	(19)
Colchicine	Toxicity which causes severe side effects on normal cells.	Inhibition of HCT116 colon cancer cells was observed. Additionally, MSNsPCOL/CG-FA exhibited low inhibition in normal BJ1 cells (4%) compared to free COL (~60%).	(20)
Exemestane	Poor bioavailability and undergoes significant hepatic metabolism.	Exemestane-loaded nanoparticles are non-toxic and suitable for intravenous use. Enhancing exemestane release while minimizing side effects in the human body. Can act as MRI contrast agents for cancer diagnosis.	(21)

Doxorubicin	Non-selective action on Enhanced cell death in MCF-7 and (22) cells, causing severe side HeLa cells while maintaining the effects pharmaceutical effectiveness of DOX. Reduce cytotoxicity in non-tumoral cells.
Manganese oxide	Current imaging Enable more precise imaging (23) techniques have limitations approach, potentially reducing false in detecting small and positives. Detect prostate cancer with early-stage tumors. high sensitivity and enhancing diagnostic accuracy. Able to detect cancer at earlier stages than current standard imaging techniques allow. Mn-SMSN@DOX-IR-780 also induced more cytotoxic ROS than DOX alone.
miR-200c-3p	Rapid degradation by Target the CD44 receptor and escape (24) cellular and serum from endosomes/lysosomes, which is nucleases leads to essential for delivering miRNA into instability, and their small the cytosol. This system effectively size and negative charge delivers miR-200c-3p to tumors result in low ability to without significant toxicity. cross cell membranes.
Curcumin	Low solubility in water, Enhance bioavailability and anticancer (25) limited bioavailability, and effectiveness of Curcumin against rapid metabolism breast cancer cells. Demonstrated selective targeting specifically to MCF-7 breast cancer cells.
Resveratrol	Low water solubility, low The use of Res-loaded MSNs showed (26) bioavailability, easy better anticancer effects compared to oxidation and treatment with Res alone in gastric decomposition, and fast cancer therapy. metabolism in body.
Epirubicin	Resistance and recurrence Allow traceability using three imaging (27) in colorectal cancer can modalities, enhancing both diagnosis reduce the survival rates. and theranostic applications. Enables accurate imaging throughout various stages of treatment and facilitates targeted delivery of anti-cancer drugs towards HT-29 cells.
Quercetin	Limited water solubility, low Greater targeting precision, enhanced bioavailability, poor oxidative ability to act as a contrast agent for stability, and extensive MRI cancer detection, reduced biotransformation restrict its toxicity, and protecting quercetin from applicability. degradation under acidic conditions to gastric pH.

Lipid coated MSN	Premature drug release and lower biocompatibility	The lipid coating prevents drug release along with reducing premature leakage. Moreover, better biocompatibility and interaction of cationic liposomes with cell membranes enhance cellular uptake.	(33)
Manganese-doped	The production of	SMSN is equipped with Fenton-like cytotoxic ROS (-OH) is activity that can catalyze endogenous limited by the restricted H ₂ O ₂ into lethal ROS by structurally supply of endogenous in situ doping with the transition metal H ₂ O ₂ , which reduces the Mn, thereby enhancing CDT. efficiency of CDT.	(34)
Triantennary GalNAc-Fungsional Multi-Responsif	Created new formulations of tailored mesoporous silica nanoparticles that can functionalized by loading the effectively and precisely deliver anticancer hepatocellular carcinoma (HCC) cells.	Mesoporous silica nanoparticles that are redox-responsive were functionalized by loading the anthracycline medication epirubicin onto triantennary N-acetylgalactosamine (GalNAc) ligand groups, which have a strong affinity for asialoglycoprotein receptors that are overexpressed in HCC cells.	(35)
MCF-7 KCR cancer cell	Multidrug resistance	Delivery of Rho123 and MMC via MSNs to multidrug-resistant cells increases and possibly prolongs intracellular drug concentrations, resulting in greater cytotoxic effects, indicating potential of MSNs to overcome multidrug-resistant cancers.	(9)
5-Fluorouracil	Need to improve effectiveness and reduce drug toxicity.	In the treatment of gynecological cancer, 5-FU encapsulation and functionalization of MSN-NH ₂ with folic acid may serve as potential carriers of 5-FU. The amine surface of MSN-NH ₂ nanoparticles may lower the risk of toxicity to cervical and ovarian cancer cells.	(36)
Eu ³⁺ /Gd ³⁺ -doped hydroxyapatite	co- Materials with low mechanism resistance.	Conducted pH-sensitive hybrid systems based on silica and hydroxyapatite with photoluminescent and magnetic properties to evaluate the potential use of these systems in targeted drug delivery	(37)

Fe ²⁺ glutathione (GSH)	and The pre synthesis of each Mesoporous silicon nanocarriers (38) component and the (MSNs) enable facile tumor targeting additional conjugation via and tumor responsiveness by chemical bonds are part of leveraging effective and non-a complex construction destructive physical interactions for process. This can lead to synergistic chemo-catalytic-inefficient integration and photothermal guided wavelength limit production and fluorescence imaging for tumor applications. therapy.
Anti-GPC1	Resistant PANC1 cells Simultaneous targeting and delivery (39) with Gem of gemcitabine and ferulic acid to PANC-1 cells was made possible by silica nanoparticles with anti-GPC1 antibodies.
Carboxylated chitosan	pH-sensitive release, The conjugation of aptamers, or (40) endosomal or lysosomal targeting agents, endo/lysosomal release, and modified escape, and customizable drug release release (partial kinetics were made by coating of carboxylation) should be carboxylate chitosan over MSNs. studied. This is done to These features increased the control drug release effectiveness of the drug delivery kinetics to increase drug system. dosage and reduce cancer cell death.

4. Discussion

Mesoporous silica nanoparticles can be synthesized using various techniques. One such method is green synthesis method. Green synthesis method involves the use of environmentally friendly and non-toxic materials. In their study published in 2024, Ghobadi *et al.* utilized the green synthesis method to create silver nanoparticles (AgNPs) and functionalize mesoporous silica nanoparticles (MSNs) with amine groups(22).

Another method for synthesizing MSNs is the sol-gel method. In their research from 2023, Torabi *et al.* employed the sol-gel technique to fabricate MSNs designed for targeted delivery of sunitinib to ovarian cancer cells (17).

After the synthesis of MSNs, next

steps typically involve characterization to assess their physical and chemical properties. Techniques such as Fourier-transform infrared spectroscopy (FT-IR), transmission electron microscopy (TEM), scanning electron microscopy (SEM), etc. Analysis are used to determine size, shape, surface area, pore size, and drug loading efficiency(17).

The surface of MSNs can be altered to create a targeted drug delivery system. Aptamers, such as MUC16 aptamers, are utilized for this purpose. In the case of ovarian cancer cells that express high levels of MUC16, these aptamers are employed to guide mesoporous silica nanoparticles (MSNPs) loaded with sunitinib directly to these cells. This strategy aims to increase drug accumulation within cancer cells while minimizing unintended effects on non-cancerous tissues(17).

Apart from MUC16 aptamers, another compound for targeted delivery is chitosan-glycine complex conjugated to folic acid. This complex acts as a targeting ligand for cancers. Colchicine, loaded into MSNs coated with the chitosan-glycine complex conjugated to folic acid, enhances antimetabolic effects by binding to tubulin in cells, leading to cell death. This nano-delivery system specifically targets the interaction of folic acid with folate receptors, which are over-expressed on cancer cells. Once delivered, it releases colchicine into the cancer cells, resulting in tubulin inhibition. This approach achieved maximum tubulin inhibition (~90%) in HCT116 cancer cells(20).

MSNs can be surface-modified to enable controlled ion release in response to specific stimuli, such as pH changes. This modification helps prevent unwanted cargo release and minimizes harmful side reactions(19). Some pH-responsive polymeric materials have low mechanical resistance can be weakened by combining these polymers with mechanically resistant inorganic materials such as mesoporous silica nanoparticles (MSN) and hydroxyapatite (HA). Mesoporous silica has interesting properties such as high surface area and hydroxyapatite has been widely studied to aid bone regeneration, providing special properties adding multifunctionality to the system. (37).

The surface of MSNs can also be coated by lipids or Lip-Dox-MSNPs which provide a barrier to sustain drug release along with reducing premature leakage. The biocompatibility and enhanced interaction of cationic liposomes to the cell membrane will result in better cell uptake. From such forms it makes an effective approach for cancer treatment and maintains effective drug concentration to the cell site without

systemic side effects(33) .

MSNs are not only used for drug delivery, but can also be an enhancer in other cancer therapies such as sonodynamic therapy. Sonodynamic therapy is limited by the lack of sonosensitizers capable of generating sufficient amounts of reactive oxygen species (ROS) in response to ultrasound (US) exposure. Therefore, MSNs with sol-gel method of mesoporous silicitanania NPs (MSTNs) were prepared by incorporating TiO₂ NPs into colloidal MSNs, which were used as reservoirs for gas precursors(32). These modifications made in MSNs adjust the target, the materials used, and the reaction mechanisms that can occur so that the drug can reach its target correctly.

Some cancer drugs have limitations such as poor solubility, susceptibility to degradation, poor bioavailability, and lack of selectivity, which can lead to severe side effects. MSNs are well-known for enhancing the aqueous solubility of drugs by preventing their crystallization. Additionally, MSNs have a stable structure, making them resistant to degradation by pH and heat. Their mesoporous structure allows for a high drug loading rate(14).

Umbelliprenin, Exemestane, Curcumin, Resveratrol, and Thiabendazole has the same problem of lack of solubility, which affects its bioavailability after oral administration. To address this, for example with Thiabendazole, MCM-41 is used as a carrier to enhance TBZ delivery and bioavailability. Thiabendazole loaded into MCM-41 nanoparticles, which have a high drug loading capacity (19.1%), was synthesized to improve its solubility and bioavailability. The release of TBZ from these MCM-41 nanoparticles is pH-dependent. MCM-41 nanoparticles were able to preserve over 97% of TBZ after

12 hours of exposure to acidic gastric pH and 74% in natural intestinal pH at physiological temperature. This nano formulation of TBZ inhibited the proliferation and migration of PC-3 cells more effectively than TBZ alone(14).

miR-200c could be a potential therapeutic agent for breast cancer, but the use of miRNAs in vivo faces challenges, such as instability due to rapid degradation by cellular and serum nucleases, and low ability to cross cell membranes because of their small size and negative charge. To address these issues, miR-200c is loaded into MSNs attached with polyethyleneimine (PEI) and hyaluronic acid (HA)(24).

One limitation of MSNs as miRNA carriers is endosomal entrapment, where the miRNAs' biological function is impaired due to degradation. To overcome this, PEI is included in the nanoparticles. PEI becomes protonated in acidic pH, creating a "proton sponge" effect that allows the nanoparticles to escape from endosomes/lysosomes into the cytoplasm. Additionally, the nanoparticles are coated with HA, a biocompatible molecule that reduces protein adsorption to the nanodevices' surface and their immunogenicity. HA also targets the CD44 receptor, which is involved in tumor progression and overexpressed in breast cancer stem cells (BCSCs)(24).

Carboxylated chitosan has pH-sensitive release, endosomal or lysosomal release, and modified release (partial carboxylation) should be studied. This is done to control drug release kinetics to increase drug dosage and reduce cancer cell death(40).

Gemcitabine is a powerful anticancer drug, but some studies have shown that Gemcitabine is resistant to mutated p53 tumors. Ferulic acid inhibits proliferation and induces apoptosis via PI3K/Akt

inhibition in osteosarcoma cells Structural study and morphological X-ray diffraction examination demonstrated an ordered hexagonal lattice with mesopores typical of MCM41 material, confirming the well-organized mesoporous silica nanoparticles.

Gemcitabine and ferulic acid might be delivered to PANC-1 cells more effectively and simultaneously thanks to the functionalization of silica nanoparticles with anti-GPC1 antibodies. The combination therapy is more effective than using individual conventional medications, according to the results. This enhances the efficiency of MSNs on cancerous cells and provides a platform for further in vivo research(39).

Nanotechnology allows concurrent diagnostic and therapy; hence earlier detection and treatment can be done and lower mortality rates(16). In their 2021 research, Freidus et al investigated MSNs loaded with Curcumin-Naphthoquinone (CurNQ) for cancer theranostics. CurNQ induced cytotoxicity in two ovarian cancer cell lines and exhibited intense fluorescence when soluble. This indicates CurNQ's potential for theranostic applications. However, CurNQ has pH-specific solubility, being soluble at the tumor microenvironment pH of 6.8. Therefore, MSNs are needed to deliver CurNQ to the tumor microenvironment for fluorescence detection. MSN_CurNQ displayed distinctive fluorescence sufficient to identify small clusters of nanoparticles and did not induce cytotoxicity in the healthy fibroblast cell line 3T3, demonstrating cancer-selective toxicity(16).

Quercetin loaded into MSNs also exhibits theranostic effects. Surface modification with Fe₃O₄ enhances its function as a contrasting agent.

Conjugation with folic acid improves the targeting of QN delivery. Additionally, mesoporous silica SBA-15 enhances the activity of QN *in vitro* and protects it from degradation due to gastric pH(41).

Manganese oxide loaded onto MSNs enables a more precise imaging approach and induces greater cytotoxicity compared to DOX alone. The surface of MSNs is attached with PSA, facilitating a more targeted drug delivery system. PSA-targeted MSNs offer improved imaging accuracy, reducing false positives. This method may allow for earlier detection of prostate cancer and enhance diagnostic accuracy.(23).

In research conducted in 2020, MSNs with two different nano silica structures were used to transform Cisplatin. Mesoporous silica nanoparticles were prepared using the template agent 1-hexadecyl trimethyl-ammonium bromide, which was then incorporated into Cisplatin. Meanwhile, sol-gel silica was prepared very quickly by using more acetic acid in the hydrolysis-condensation reaction of tetraethyl orthosilicate. Cisplatin was also added at the same time.

The silica nanostructure was described by spectroscopy, electronic microscopy, X-ray diffraction, and N₂ adsorption-desorption. Using artificial cerebrospinal fluid, cisplatin release tests were performed *in vitro*. Finally, the toxicity of each silica nanostructure was tested with the C6 cancer cell line(42).

5. Conclusion

Cancer therapy typically exhibits side effects on healthy cells in the human body due to its lack of selectivity. Besides that, it is also susceptible to degradation. Therefore, a drug delivery system using

mesoporous silica nanoparticles (MSNs) is needed to reach to targeted sites. MSNs surface can be modified to enhance drug delivery and therapeutic effects. Additionally, the combination of diagnosis and therapy is crucial to improving the prognosis of cancer treatment and reducing mortality rates.

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