

Research Article

REPLACING FIELD GRASS BY CASSAVA LEAF SILAGE ADDED WITH KEFIR ON THE PRODUCTIVITY OF LACTATING DAIRY COW

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Abstract

This study aimed to analyze the effect of cassava leaf silage (CLS) with added kefir on the productivity of lactating dairy cows when replacing field grass. Four Holstein cows in the early lactation phase (66 ± 11 days in lactation) in the second lactation cycle were randomly divided into four dietary treatments based on a 4×4 Latin square design. Diet treatments consisted of control (50% field grass + 25% concentrate + 25% tofu dregs); CLS 0 Kf (30% field grass + 20% CLS with no added kefir + 25% concentrate + 25% tofu dregs); CLS 2.5 Kf (30% field grass + 20% CLS with 2.5% added kefir + 25% concentrate + 25% tofu dregs); and CLS 5 Kf (30% field grass + 20% CLS with 5% added kefir + 25% concentrate + 25% tofu dregs). Results showed differences between treatments in dry matter intake, crude protein, crude fat, and total digestible nutrients (TDN); milk yield; 4% fat-corrected milk (FCM); and milk fat showed significant differences ($P < 0.05$). In conclusion, CLS supplemented with 5% kefir can replace field grass in ruminant diets for lactating cows by increasing nutrient consumption, milk production, and milk fat without changing milk composition and feed efficiency.

Keywords: Cassava, feed efficiency, lactating cows, milk composition, nutrients intake

INTRODUCTION

Dairy cow production in Indonesia has primarily been supported by smallholder farmers in west, central, and east Java. These three provinces accounted for 97.56% of Indonesia's 485,809 dairy cattle population. The rest of the population is spread slightly across the other 35 provinces in Indonesia. The primary feed sources for dairy cattle used in West Java are grass, tofu dregs waste, and commercial concentrate. The problem faced by farmers is the limited availability of grass feed during the dry season, hampering the supply of nutrients needed to increase production. Although concentrated mixtures could enhance

nutrient content, farmers usually do not utilise them due to their high cost (Sudarman *et al.*, 2016).

The outbreak of foot-and-mouth disease (FMD) in Indonesia in 2022 has hurt the livestock sector, particularly in the dairy cattle subsector. This impact is evident in the decline in the national dairy cattle population and milk production. The number of dairy cows in 2021 was 582,169. After being affected by this outbreak, it decreased by 12.9% in 2022 and 8.4% in 2023 due to deaths and forced slaughter. The population increased by 4.7% in 2024, but milk production decreased by 3.45%, totaling 808,352 tons of fresh milk

domestically. It indicates that recovery from the FMD outbreak is occurring gradually (BPS, 2024).

Milk production from dairy cattle on smallholder farms is low and variable. Milk yield ranges from 8-18 L/d (Sutawi *et al.*, 2021; Zahera *et al.*, 2015; Widyobroto *et al.*, 2016). Diverse feeding patterns cause these results, such as feeding with a combination of elephant grass and concentrates (Harmini *et al.*, 2020), field grass, concentrates, straw, and tofu pulp (Asminaya *et al.*, 2017), elephant grass, concentrates, corn silage, and cassava waste (Hasanah *et al.*, 2017). Due to limited land, most smallholder farmers did not plant superior grasses, so they used field grass as the forage feed for dairy cows (Priyanto & Rahmayuni, 2020). However, field grass is also limited during the dry season, so crop by-products are needed as substitutes.

Cassava is one of the most popular carbohydrate crops after rice and corn. The production of this crop in Indonesia reached 18.3 million tons in 2020. In the last five years, cassava in Indonesia has increasingly been positioned not only as a traditional food ingredient but also as a multi-sector strategic commodity: modern food, downstream industry, bioenergy, animal feed, and a source of income for community businesses (Rozi *et al.*, 2022). The production achievement declined in the following two years as the land area decreased, and most farmers switched to other crops. However, this production still has potential by-products as ruminant feed. Cassava leaves have a high protein content ranging from 21.0 to 30.0%, based on the variety (Jamil & Bujang, 2016). However, treatment is needed to reduce hydrogen cyanide (HCN) and tannin levels before utilizing cassava leaves as ruminant feed.

Silage treatment of cassava leaves has been proven to reduce HCN and tannin levels within safe limits for livestock consumption (Amir *et al.*, 2021). Several reports show that cassava leaves silage (CLS) feeding positively affects the productivity of ruminants. Sudarman *et al.* (2016) state Adding 20% CLS to sheep feed can improve growth performance and feed efficiency, as well as concentrate supplementation levels. Providing feed CLS to goats has a positive effect on their health and production, as indicated by an increase in average daily feed intake, average daily growth, and feed conversion efficiency. (Li *et al.*,

2023). Wanapat *et al.* (2018) found that The addition of cassava top silage (young stem, leaf, and petiole) to the feed of lactating dairy cows in tropical regions can result in a 10.2% increase in milk production and milk quality. In addition, the research by Amir *et al.* (2021) found that a 5% kefir additive in silage could increase digestibility in old cassava leaves of bitter varieties. Kefir is a fermented milk product inoculated with a mixture of bacteria, particularly lactic acid bacteria such as *Lactobacillus acidophilus*, *Lactobacillus casei*, and *Lactobacillus kefir*, and yeast such as *Saccharomyces cerevisiae*. Therefore, this study aimed to analyze the effect of field grass replaced by CLS with or without kefir liquid on feed intake, milk yield, milk composition, and feed efficiency of lactating dairy cows.

MATERIALS AND METHODS

Study Site

The research was conducted from July to September 2019 (dry season) at a smallholder dairy farm in Kebon Pedes, an urban village in Bogor, West Java, Indonesia. This location is in the lowlands at an altitude of 200 m asl, with annual rainfall ranging from 3000 to 4000 mm. Feed samples were analyzed at the Feed Science and Technology Laboratory, and milk samples were analyzed at the Animal Production and Technology Laboratory, Faculty of Animal Science, IPB University.

Production of Milk Kefir

Kefir grains used in commercial products were identified to contain bacteria such as *Lactobacillus kefir*, *Lactococcus cremoris*, *Acetobacter* and yeast in the form of *Saccharomyces cerevisiae*. Kefir grains were inoculated at 5% in cow's milk that had been sterilized at 105°C for 5 minutes and cooled at temperature. After incubation for a day, kefir grains were filtered to make kefir milk further. Filtered or kefir milk is added as part of the treatment for making cassava leaf silage. The chemical composition of kefir milk has a pH of 4.3, moisture content of 88.9%, protein of 3.3%, fat of 2.1%, Solid non Fat (SNF) of 9%, and lactose of 5.2%.

Silage Production

The cassava leaves were harvested from bitter cassava varieties at 7 to 9 months of age

by farmers in Ciampea Village, Bogor, West Java. Leaves and stalks were sun-dried daily to reduce HCN and tannin levels. They were then cut into 3-5 cm pieces and put into drums with a capacity of 100 kg. CLS production is made with no additives of kefir, adding 2.5% kefir and 5% kefir as field grass replacement treatments. Milk kefir was obtained from the dairy animal science division, IPB University. The anaerobic ensilage process for 28 days resulted in an average CLS pH of 4.0.

Animals, Experimental Diets, and Experimental Design

Four Holstein lactating cows with conditions of 398 ± 7 kg body weight, early lactation (66 ± 11 days in milk), and a second lactating cycle were randomly given according to a 4×4 single Latin square design to accept four dietary treatments (20% field grass replacement by cassava leaf silage). The DM feed was 3% body weight and divided into two feedings. Water was supplied ad libitum. The cows were fed morning and afternoon: 6 am, 5 pm. The ratio of forage (field grass, CLS), commercial concentrate, and tofu waste was 50:25%:25%. Feed treatments that replaced field grass with cassava leaf silage were: 50% field grass + 25% concentrate + 25% tofu waste (control); 30% field grass + 20% CLS without additive of kefir + 25% concentrate + 25% tofu waste (CLS 0 Kf); 30% field grass + 20% CLS with additive of 2.5% kefir + 25% concentrate + 25% tofu waste (CLS 2.5 Kf), and 30% field grass + 20% CLS with additive of 5% kefir + 25% concentrate + 25% tofu waste (CLS 5 Kf). The chemical composition of feed ingredients presented in Table 1 was analysed proximate using the AOAC method (AOAC, 2005).

Data Collection

The length of the experiment was 84 days, divided into four periods. Each period consisted of 21 days. The initial 14 days were early trials to remove the effects of previous treatments and adapt to the subsequent treatments, followed by seven days for data collecting. The variable of temperature humidity index (THI) was obtained by measuring the ambient temperature and relative humidity through the formula: $THI: (0.8 \times Ta) + (RH/100) \times (Ta - 14.4) + 46.4$ (Mader *et al.*, 2006). Where: Ta is the ambient temperature

($^{\circ}C$), RH is the relative humidity (%), and THI is the temperature humidity index. The Clasification for THI, normal: $THI \leq 74$; alert: $74 < THI < 79$, danger: $79 \leq THI < 84$, emergency: $THI \geq 84$.

Feed intake of lactating dairy cows is measured daily by weighing the quantity of feed given, subtracting the remaining feed, and then multiplying it by the dry matter content of the feed. The parameters include dry matter (DM), crude protein (CP), extract ether (EE), crude fiber (CF), and total digestible nutrients (TDN). Daily milk yield was measured from 2 milkings in the morning and afternoon: 5 am, 4 pm. Milk composition measurement was done through Milkotester Ltd., Bulgaria, to determine protein, fat, lactose, and SNF levels. The procedure for measuring milk composition is to turn on the Milkotester by pressing the on button. Press the menu button and select cow's milk as the sample to be analysed. Pour 25 ml of the prepared milk sample into the container. Press the Enter button to start the automatic analysis process. The device draws in the sample, performs the measurement, and displays the analysis results on the digital screen. Once finished, press the clean button to prepare for the subsequent sample measurement. Milk production was standardized with fat-corrected milk by Gaines's equation, $FCM = (0.4 \times \text{kg milk yield}) + (15 \times \text{kg total milk fat})$. Feed efficiency (FE) was measured by formula, $FE = \text{milk production (kg)} / \text{DM intake (kg)}$ (VandeHaar, *et al.*, 2016). Economic efficiency (EE) was calculated using the formula, $EE = \text{milk price (IDR)} \times \text{milk production (kg)} / \text{feed cost}$ (Hasanah *et al.*, 2017). Income over feed cost (IOFC) was calculated using the formula, $IOFC = \text{milk production (kg)} \times \text{milk price} - \text{total feed cost}$ (Adduci *et al.*, 2015).

Statistical Analysis

The data from THI was analyzed descriptively. Data on feed intake, milk production, FCM, milk composition, and feed efficiency were analyzed through the analysis of variance procedure of a 4×4 single latin square design using the General Linear Model (GLM) of SPSS version 26 by IBM Corp. 2019. Duncan's New Multiple Range Test determined differences between treatment among means, when probability was 5%.

RESULTS AND DISCUSSION

Microclimate Condition

Microclimate measurements at the research site were rainfall ranging from 115–399 mm with 43 rainy days, wind speed of 0.6–1.9 m/s, ambient temperature ranging from 23.6–31.9 °C, and air humidity ranging from 59–85% (low–high, respectively). The study site has a wet tropical climate with high rainfall and temperature but low wind speed. The observation data obtained was higher than the range of optimum values for the comfort zone of dairy cows. It is suspected that dairy cows experience heat stress. The adverse effects of heat stress on livestock include increased body temperature, panting, water intake, reduced activity, feed intake, and decreased body weight and milk production (Polsky & von Keyserlingk 2017; Habeeb, 2020; Narmilan *et al.*, 2021)

The THI data also indicates that cattle are experiencing heat stress. Based on Habeeb (2020) that classification of THI values, cattle experience mild stress in the morning (THI 72–79) and moderate stress in the afternoon (THI 79–89). The THI value calculation is shown in Figure 1. Heat stress indicators help farmers minimize its adverse effects by improving barn circulation, feed management, nutrient balance, drinking, and spraying cows during heat stress (Al-Khafaji *et al.*, 2023; Prabowo *et al.*, 2025)

Nutrients Intake of Lactation Dairy Cow

Dairy cows require feed and nutrients to meet their basic life needs, lactation, and reproduction. The feed consumption of lactating dairy cows from the study treatments is shown in Table 2. The analysis of variance showed that the provision of cassava leaf silage in place of field grass affected the intake of DM, ash, CP, EE, CF, and TDN ($P < 0.05$). The DM intake in the CLS 5 Kf treatment was higher than the other treatments. Thus, adding 5% kefir to cassava leaf silage increased the palatability of lactating dairy cows. In addition, research conducted by Suyitman *et al.* (2020) showed the positive effects of adding cassava leaves to Simmental cattle feed, which improved palatability, digestibility, and production performance.

Kefir inoculation in silage of other crops also has positive effects. Adding kefir to ensiling can increase the digestibility of bitter cassava leaf dry and organic matter (Amir *et al.*,

2021). Adding kefir at 5–6 log cfu⁻¹ to alfalfa can improve fermentation quality and aerobic stability despite low WSC levels (Koc *et al.*, 2021). In addition, adding 1.6 mL of kefir to the concentrate can improve rumen fermentation and feed digestibility without affecting microbial counts (Al-Galbi & Majeed, 2022).

Lactating cows favored cassava leaf silage, but consumption was no more than 20% of the DM requirement at 3% of body weight in the initial study. CLS consumption was 8–9 kg/day. This amount does not cause toxic effects because the HCN content has been successfully reduced to a safe level of 25–28 mg/kg for consumption by ruminants through the ensilage process (Amir, *et al.*, 2021). Cassava leaf silage with or without kefir had higher CP, EE, and TDN consumption than the control treatment. Silage technology maintains the nutritional value of cassava leaves, which are high in protein. Cassava leaves have 25% pure protein and a relatively high nutritional value. CLS digestibility is better because the crude fiber content is lower than the crude fiber of field grass. The nutrient consumption of lactating cows in this study is still within the Nation Research Council (NRC) standard that small breed of dairy cows producing 15 kg/day of milk require DM intake of 9.4–9.9 kg/day, protein intake of 1.5 kg/day (16% DM), and TDN intake of 6.4 kg/day (68% DM).

Milk Yield and Milk Composition

Genetic and environmental factors such as climate, nutrient intake, health, and the lactation cycle affect milk production and composition. Milk yield and milk composition are shown in Table 3. The effect of treatment on milk yield, FCM, and milk fat showed significant differences ($P < 0.05$). While the effect of treatment on other milk compositions such as protein, lactose, solid non-fat (SNF), and total solids did not show significant differences ($P > 0.05$). Silage treatment with adding 5% kefir tended to produce better milk production and fat milk than other treatments. Milk production was associated with higher DM and CP intake in CLS 5 Kf. There is an association between increased DM intake and milk yield and feed efficiency (Tadesse *et al.*, 2024). In addition, Adi *et al.* (2020) CP and TDN intake are influential in increasing milk yield in early lactation.

The milk composition level in the present study is still above the minimum quality standards value of fresh cow's milk in Indonesia with a density 1.027, protein 2.8%, fat 3.0% and SNF 7.8%. CLS has good potential as a nutritional substitute for other feed ingredients without compromising milk quality. This potential is supported by research showing that CLS can replace corn silage well without affecting milk production or composition. In this experiment, cassava leaf silage can replace field grass well without changing the milk composition of lactating cows. Interestingly, adding kefir to the ensilage increased milk fat content. So, further studies are needed to analyze the fatty acid (FA) profile and proportion of saturated and unsaturated fatty acids. Inoculating dairy cow feed with kefir is thought to have the potential to produce milk beneficial to human health.

Milk yield and milk composition in this study were similar to those reported by Wanapat *et al.* (2018). The addition of cassava top silage at a rate of 2.25 kg/day to the offered an lactating cows increased milk production. Increasing the level of cassava leaf silage supplements in lactating cow feed can significantly increase milk yields and 3.5% FCM from 12.7 to 14.0 kg/day and from 14.6 to 17.2 kg/day. However, it was not significant for milk composition, such as protein, fat, lactose,

SNF, and total solids. Milk production may increase due to the intake of rumen-undegradable protein from cassava leaves, which can increase the flow of essential amino acids such as methionine and lysine for milk production. This findings also suggests that cassava leaf silage can be a promising source of high-quality crude protein for improving milk production and quality, while reducing rumen methane in lactating cows.

Feed Efficiency

The average feed efficiency, economic efficiency, cost per kg of milk and IOFC are presented in Table 4. The results of analysis of variance showed that there were no significant differences between treatments ($P>0.05$) on FE, EE, cost per kg of milk and IOFC. Milk production relative to DM intake is an essential way to quantify FE. The guideline is based on feeding 3.5% DM of body weight, while this study uses 3% DM feed of body weight. The FE values in this study ranged from 1.19 to 1.29. The average FE value was higher than the FE values in the studies by Lestari *et al.* (2015), which was 1.07-1.16, and Asminaya *et al.* (2017), which was 0.11-0.17, but lower than that of Hasanah *et al.* (2017), which was 1.31-1.42, which was also conducted on smallholder farms.

Table 1. Chemical composition of field grass, concentrate, tofu waste and cassava leaf silage

Feed Ingredients	DM (%)	(% DM)				
		Ash	CP	EE	CF	TDN
Field grass	21.74	7.43	6.61	1.52	37.15	56.2
Concentrate	74.8	7.54	13.6	9.13	14.81	64
Tofu waste	17.0	2.33	20.42	12.83	24.23	72.5
Cassava leaf silage (CLS 0 Kf)	27.0	5.8	25.9	5.9	16.8	60.5
CLS with add of 2.5% kefir	20.96	7.01	26.5	7.20	26.8	64.3
CLS with add of 5% kefir	26.9	5.14	25.92	6.8	16.8	61.5

CLS 0 Kf: cassava leaf silage without kefir; CLS 2.5 Kf: CLS with 2.5% kefir; CLS with 5% kefir; DM: dry matter; CP: crude protein; EE: ether extract; CF: crude fiber; TDN: total digestible nutrient

Table 2. Dry matter and nutrient intake (kg/d) of lactating dairy cows fed cassava leaf silage with added kefir to replace field grass.

Intake (kg/d)	Treatments				SEM	p-value
	Control	CLS 0 Kf	CLS 2.5 Kf	CLS 5 Kf		
DM	10.72±0.05 ^b	10.4±0.1 ^a	10.5±0.1 ^a	10.9±0.2 ^c	0.06	.000
Ash	0.66±0.01	0.6±0.01	0.65±0.01	0.61±0.01	0.01	.494
CP	1.27±0.01 ^a	1.64±0.02 ^b	1.65±0.02 ^b	1.74±0.03 ^c	0.05	.000
EE	0.67±0.01 ^a	0.75±0.02 ^b	0.77±0.01 ^b	0.8±0.02 ^b	0.01	.001
CF	3.03±0.01 ^c	2.47±0.04 ^a	2.75±0.02 ^b	2.62±0.03 ^b	0.05	.000
TDN	6.68±0.03 ^b	6.5±0.08 ^a	6.7±0.05 ^b	6.9±0.1 ^c	0.04	.002

DM: dry matter; CP: crude protein; EE: ether extract; CF: crude fiber; TDN: total digestible nutrient; CLS 0 Kf, CLS 2.5 Kf, CLS 5 Kf replacing field grass at 20% DM of cassava leaf silage, CLS without additive of kefir CLS with additive 2.5% of kefir, and CLS with additive 5% of kefir; SEM: standard error of means; ^{abc}Means within a row without common letter are different at p<0.05

Table 3. Milk yield and milk composition of lactation cows fed cassava leaf silage

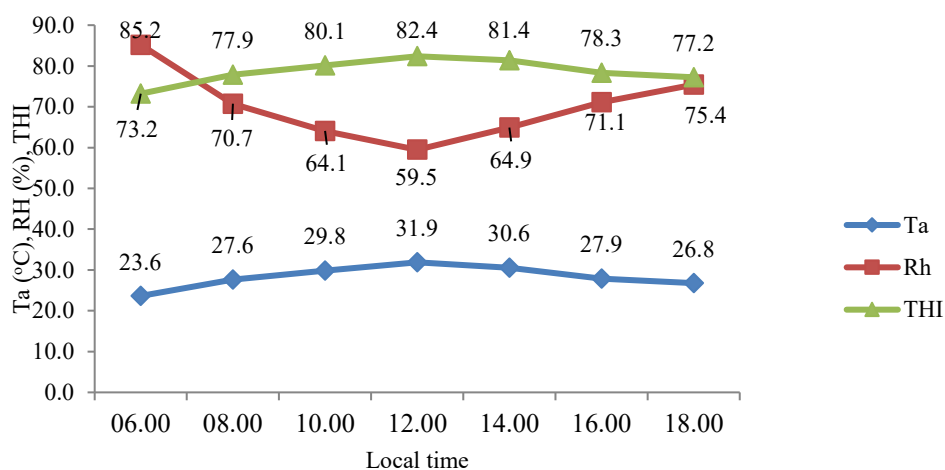
Variables	Treatments				SEM	p-value
	Control	CLS 0 Kf	CLS 2.5 Kf	CLS 5 Kf		
Yield						
Milk yield, kg head/d	13.54±2.4 ^a	13.4±1.1 ^a	12.49±1.2 ^b	14.07±1.6 ^c	0.41	.019
4% FCM yield, kg/head/d	12.4±1.4 ^a	12.35±0.8 ^a	13.05±1.3 ^b	12.90±1.2 ^b	0.49	.027
Fat yield, g/d	480±40 ^a	495±35 ^a	512±42 ^b	526±31 ^b	28.6	.036
Protein, g/d	499±57	501±50	495±53	510±36	14.8	.230
Lactose yield, g/d	557±61	542±55	526±59	576±60	18.3	.164
SNF, g/d	1076±161	1058±98	1009±103	1105±120	32.0	.166
TS, g/d	1566±201	1554±148	1476±147	1614±136	40.5	.726
Composition						
Fat, %	3.55±1.1 ^a	3.7±0.4 ^{ab}	4.1±0.5 ^{bc}	3.76±0.9 ^{ab}	0.31	.025
Protein, %	3.69±0.1	3.72±0.08	3.63±0.1	3.63±0.2	0.03	.391
Lactose, %	4.12±0.2	4.05±0.2	4.05±0.1	4.12±0.2	0.04	.818
SNF, %	7.95±0.3	7.9±0.2	7.7±0.2	7.96±0.4	0.07	.914
TS, %	11.6±1.3	11.6±0.4	11.8±1.2	11.72±1.6	0.32	.519

FCM: fat-corrected milk; SNF: TS: total solid; SNF: solids-not-fat; CLS, CLS 2.5 Kf, CLS 5 Kf replacing field grass at 20% DM of cassava leaf silage, CLS with additive 2.5% of kefir, and CLS with additive 5% of kefir; SEM: standard error of means, ^{abc}Means within a row without common letter are different at p<0.05

Table 4. Feed efficiency, economic efficiency, and income over feed cost

Intake (kg/d)	Treatments				SEM	P-value
	Control	CLS 0 Kf	CLS 2.5 Kf	CLS 5 Kf		
FE	1.26±0.2	1.29±0.1	1.19±0.1	1.29±0.2	0.04	.309
EE	1.5±0.13	1.5±0.22	1.5±0.12	1.4±0.08	0.07	.956
Cost of Milk, IDR	5316±463	5318±597	5297±520	5600±264	112	.854
IOFC, IDR	35850±1221	37825±1298	37700±668	34500±1546	3169	.969

FE: Feed Efficiency; EE: Economical Efficiency; IOFC: Income Over Feed Cost CLS 0 Kf, CLS 2.5 Kf, CLS 5 Kf replacing field grass at 20% DM of cassava leaf silage, CLS without additive of kefir CLS with additive 2.5% of kefir, and CLS with additive 5% of kefir; SEM: standard error of means

**Figure 1.** Observation ambient temperature (Ta), relative humidity (RH), and THI

The economic efficiency values in this study were 1.5; 1.5; 1.5; and 1.4 (Control-CLS5, respectively). A high value of economic efficiency can be obtained when milk production is optimized at a high price by reducing feed costs incurred. The profit received from the IOFC value is in the range of IDR 34,500-37,825. More efficient use of feed due to lower costs will result in a higher increase in milk production. This means that CLS with or without kefir addition can replace field grass well. Feed efficiency relates to the ability of cows to convert feed into milk. The use of local feed, such as cassava leaves, can reduce feed costs without decreasing milk production. Feed that is highly digestible and nutritionally balanced will increase milk production per kilogram of feed, thereby reducing feed costs per litre of milk and increasing the IOFC value.

IOFC is an economic indicator used to assess the profitability of milk production, with feed costs as the primary cost component. IOFC reflects the margin earned by farmers after deducting feed costs from milk sales revenue. Adduci *et al.* (2015) state that IOFC accounts for changes in feed costs and milk prices, thereby helping farmers decide whether to increase or decrease certain feed ingredients, optimise the use of local versus commercial feed, and assess the impact of ration changes on profitability. The higher the IOFC, the greater the likelihood of generating sustainable net profits. A positive IOFC indicates room to cover other costs such as labour, cow health, and other operational costs. If feed costs are higher than milk prices, this results in a negative IOFC value. In addition to feed costs, disease outbreaks can reduce IOFC or the profits earned by farmers. A study by Nur *et al.*

(2024) found that FMD outbreaks had a significant impact on IOFC values in smallholder farms in the Bogor region, reducing farmers' income by 95.41%.

CONCLUSION

Adding 5% kefir to cassava leaf silage to feed dairy cows can increase nutrient intake, milk production, FCM, and fat milk. Field grass can be well replaced by cassava leaf silage with the addition of kefir without disturbing milk production, milk composition, such as the percentage of protein, lactose, SNF, total solids and technical efficiency in lactating dairy cows.

ACKNOWLEDGMENTS

The authors want to acknowledge the Barokah Farm in Kebon Pedes urban village for the study location and the Institute for Research and Community Service and the Dairy Science division, IPB University for facilitating this research.

CONFLICT OF INTEREST

The authors declares that there is no conflict of interest.

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